

Recog. by Govt. of Arunachal Pradesh : Regd. No. 39/11021(11)/11/2021

# ARUNACHAL SPORTS ACADEMY



## & RESEARCH TRAINING CENTRE, ZIRO

Hay Paka, SSB Gate, Hapoli, Lower Subansiri District

Arunachal Pradesh - 791120

## SCHOOL PROSPECTUS

*"Intelligence and Character is the true goal of Education"*

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<b>SL. NO.</b>	<b>CONTENTS</b>	<b>PAGE NO.</b>
	<i>Message from the Chairman</i>	<b>i</b>
	<i>Message from the Principal</i>	<b>ii</b>
<b>1.</b>	<b>ABOUT ASARTC</b>	<b>1</b>
<b>2.</b>	<b>CAMPUS</b>	
<b>3.</b>	<b>OBJECTIVES</b>	
<b>4.</b>	<b>SALIENT FEATURES</b>	
<b>5.</b>	<b>HOSTEL AND MESS</b>	
<b>6.</b>	<b>ADMISSION PROCEDURE</b>	
<b>7.</b>	<b>PAYMENT OF FEES</b>	
<b>8.</b>	<b>ATTENDANCE</b>	
<b>9.</b>	<b>BUS SERVICE</b>	
<b>10.</b>	<b>GUIDELINES FOR PARENTS/GUARDIANS</b>	
<b>11.</b>	<b>UNIFORMS</b>	
<b>12.</b>	<b>GLIMPSE OF ARUNACHAL SPORTS ACADEMY</b>	

## **MESSAGE** *from* **CHAIRMAN**

Today we live in a challenging world filled with technology and economical innovations. Education imparted in academic institutions is an effective tool to enable students to cope with the rapidly, changing world around them with knowledge and values they imbibe a culmination of which will certainly bring forth worthy human beings and leaders of tomorrow.



The power of education extends beyond the development of skills we need for economic success. It contributes to nation building and reconciliation. Our own reconstruction, development and successful interaction in the global fraternity depend largely on the progress we make, in educating our children. Education is central to the success of a whole range of other human endeavours and enable young people to become adults who cherish the values of respect for women and children.

Sports has been an integral part of School education. This belief stems from the philosophy that learning occurs both inside the classroom and outside of it. Participation in sports keeps young minds and bodies engaged positively and helps to develop sensorimotor faculties.

the students are given equal attention in the field of academics, co-curricular and sports activities. This balance while understanding the needs of students is a unique learning experience. To grow in the direction of success, one needs support and assistance, the ability to learn and the indelible passion to deliver.

A handwritten signature in black ink, appearing to read 'Padi Richo'.

**Shri Padi Richo**

Arunachal Sports Academy & Research Training *Chairman*  
Centre, Ziro

***MESSAGE from PRINCIPAL***

*Education is not a destination but a journey in itself that turns an entity into a human being which is the biggest need of the hour.* The core purpose of education is to provide children with a learning environment which brings out the best in them. We believe that every child is endowed with a unique set of attributes and abilities, which needs to be nurtured so that they blossom. Therefore, every child deserves an education that fosters academic excellence and all-round development, and ensures their well-being. We are inspired by these tenets in everything that we do at Arunachal Sports Academy and Research Training Centre (ASARTC), We groom and nourish each child independently, for all required distinct attention. We build an atmosphere where each child explores multiple activities, and experiences challenges to find his/her own strengths. Since its inception, the Academy has achieved many milestones due to devoted teachers, quality teaching and Research by adopting innovative approaches. It has expanded vertically and horizontally by creating and augmenting modern equipment's and facilities to cater the demands of the native community and society at large. Being a Sports Academy of the state, it has always pursued to fulfil its commitment to reach out to the unreachable, as well as serving the needs of the nation.



The Academy focused in establishing strong, dedicated and target-oriented teaching programmes with quality research. We offer our students a well encompassing education that is complemented by goal seeking learning environment.

We are committed for the enlightenment and all-round development of our students.

A handwritten signature in blue ink, appearing to read 'Visazokho Lhousa'.

**Visazokho Lhousa**

*Principal*

Arunachal Sports Academy & Research  
Training Centre, Ziro

## **1. ABOUT ASARTC, ZIRO**

- 1.1 Arunachal Sports Academy and Research Training Centre (ASARTC), was recognised by the Department of Education, Government of Arunachal Pradesh as **Arunachal Sports Academy and Research Training Centre** on 9<sup>th</sup> March 2020, with its Motto "*Healthy Minds Make Healthy Body*".
- 1.2. The main purpose of establishing the academy was with a vision to fulfil the educational needs, discover and showcase the inner talents of a child in the field of games and sports to the society, state, and the nation in particular.
- 1.3. The academy is also established to nurture the young at grassroot levels.
- 1.4. The Academy has been recognised under HME approval note **39(11021(11)/11/2021**. Dated 26/04/2022

## **2. CAMPUS**

- 2.1. The Arunachal Sports Academy and Research Training Centre (ASARTC) campus is located in Ziro the District Headquarters of the Lower Subansiri district, on race course road, at a distance of about 104.8 km from the state capital.
- 2.2. The academy is Co-educational Sports Academy set up in a fresh environment, far away from town pollution at a distance of 3.5 km from the heart of the township Hapoli.
- 2.3. The institute is placed in a peaceful surrounding with serene landscape enriched with the pleasant climate of Ziro, which provides an ideal place for learning and training.
- 2.4. The campus covers an area of about 30,700 sq. meters of area and is both for residential and day scholars.
- 2.5. The academy consists of administrative block, classrooms, separate hostels and mess for both boys and girls, health centre and library.
- 2.6. The academy has several other laid playfields, courts, and halls for both indoor and outdoor games and sports like football and futsal, volleyball, basketball, badminton, table tennis, athletics, (swimming pool on process), and a multipurpose hall for yoga, (gymnasium), Zumba, etc.

### 3. OBJECTIVES

- 3.1. To serve as a centre of excellence and innovation in sports and to improved academic performance to enhanced social skills in order to have a transformative impact on students.
- 3.2. To inculcate the importance of healthy mind in a healthy body.
- 3.3. To undertake extension programmes and outreach activities to contribute in the development of society.
- 3.4. To provide holistic education.
- 3.5. To offer a syllabus that is suitable for the students through mental and physical development.
- 3.6. To enrich students with traditional values blended with scientific temper.
- 3.7. To nurture them into a responsible citizen with talents and maturity.
- 3.8. To nurture personality, discipline and responsibilities, competence, Self-assurance and moral values.

### 4. TEACHING- LEARNING METHODS

We believe methods like Teacher – Cantered focus in the instructor delivering knowledge directly to passive learner and also focus. With equal important to the student cantered, which emphasize active learner participation and self – directed exploration.

#### **i) Teacher – Centric.**

- a) Lecture :- Teacher presents focus for students to observe passively.
- b) Demonstrations : - Instructor models skills or concepts competence.
- c) Drill and Repetition : - Memorization of Vocabulary or focus by repeating.
- d) Question – Answer Sessions : - Prompt questions to help recall which is inspired by Socratic methods but teacher – Controlled.

#### **ii) Student – Centric**

- a) Inquiry – Based leavening: - Students Pose questions and investigate concepts independently.
- b) Project- Based and Group Work : - Learn Collaboration and group work.
- c) Flipped Classroom : - Students review materials at home and apply them through discussion or activities in class.
- d) Personalized taste:- Individuals select learning paths, such as choosing vocabulary themes aligned with interests.

#### **iii) Interactive / Participative Methods**

These is to foster dialogue and peer involvement for deeper understanding. Discussion role – Playing, Simulations, brainstorming, field study and case-based learning for affective and psychomotor domains.

#### **iv) Modern Strategies**

Gamified learning, flexible seating, peer teaching and technology –integrated help adopt to diverse needs boosting motivation and long – tern retention.

## 5. SALIENT FEATURES

- 5.1. The school has an architecturally designed building with spacious and proper ventilated classrooms.
- 5.2. The school has well trained, experienced, dedicated, well qualified and reputed teachers.
- 5.3. The method of teaching is based on latest teaching equipment and methodology, by using modern technologies.
- 5.4. Home works, Assignments and regular class test shall be part of educational practices.
- 5.5. The medium communication under premises is only English.
- 5.6. Special attention and remedial teaching for the weaker students.
- 5.7. Monitoring of students/wards by the concerned teachers will be done to assess the progress of the students in academic, co-curricular and sports activities.
- 5.8. The school will provide special attentions and classes on physical education programmes for further studies.
- 5.9. The institute provides medical assistance to the students when needed.
- 5.10. The school has clean & hygiene surrounding for overall development of child's health and education.

## 6. HOSTEL AND MESS

It is mandatory for the students of the institutes to reside in the hostel and take their meals in the mess. A booklet containing rules and regulations regarding discipline and conduct in the Institute's hostel and mess is given to the students at the time of admission.

- \*Note : The students will be provided the best nutrition diet of a sports person.**  
**: Junk foods is strictly prohibited.**  
**: Visit hours and phone-call timings notified by the school must be strictly followed.**

## 7. ADMISSION PROCEDURE

- 7.1. Students seeking admission in the school will have to submit a duly filled-in form along with the required documents mentioned in the prospectus.
- 7.2. Admission forms and the prospectus will be available at the school office during working hours (9:30am to 2:30pm). The application folder will contain the admission form and detailed fee information.
- 7.3. Students selected for admission must be presents at the time of admission along with their parents / Guardian.
- 7.4. Students must produce all relevant **original certificates** at the time of admission.
- 7.5. Admissions is subject to the approval of the Principal, and his or her decision will be final. No request for changes will be entertained thereafter under any circumstances.

## **8. MODE OF PAYMENT**

- 8.1. Mode of payment is available through both online and Offline with further information and references.
- 8.2. All fees and outstanding dues must be cleared with in the given period, for each late instalment a fine of **500/- Rupees** will be imposed for each day.

## **9. ATTENDANCE**

- 9.1. Arunachal Sports Academy and Research Training Centre, Ziro considers regularity and punctuality to be sacrosanct for every student and absolutely mandatory.
- 9.2. A minimum of 80% of attendance is compulsory to be eligible to appear for the examinations.
- 9.3. Monthly attendance reports will be displayed on the school notice board and will also be communicated to parents/guardians.
- 9.4. In case of emergency and unavoidable circumstances and need for leave, prior permission from the Principal is to be obtained through application with the knowledge of the parents/guardians.

## **10. BUS SERVICE**

Bus service is available for day scholar students, for which the parents/guardians of the wards are requested to enquire about the service during the time of admission.

## **11. GUIDELINES FOR PARENTS / GUARDIANS**

- 11.1. The School authorities warmly welcome any complaint by the word; parents / guardians are requested to write to the Principal.
- 11.2. There will be biannual Parents-Teacher meet for an academic year. Which shall be further informed from the head of the authority.
- 11.3. All the fees or outstanding dues are to be clear with in a given period. (Each instalment) furthermore, charges of 100 Rupees as a fine shall be impose for each days.
- 11.4. Parents/Guardians are not allowed to meet the students or teachers during class hour. In case of unavoidable circumstances, he/she may take prior permission from the Principal.
- 11.5. Any damage caused by the student to the school property must be fully borne and compensated by the parents/guardian.
- 11.6. Parents are allowed to meet their wards during weekends only, with proper permission.

## 12. UNIFORMS

It is mandatory for the students to procure uniform/sports kit from the institute, strictly as per below mentioned specification: -

Sl. No.	Items	Boys	Girls
1.	Blazer	1	1
2.	Shirt	2	2
3.	Pant	2	2
4.	Neck-Tie	1	1
5.	Sweater	2	2
6.	Belt	1	1
7.	Track Suit	2	2
8.	T-Shirt	2	2
9.	Shorts	2	2
10.	Jersey	2	2
11.	Socks	2	2
12.	Blazer	1	1

**\*Note :- Girls are expected to tie their hair properly, keeping hair untied and loose is strictly prohibited.**

### Required item list boys' border

Sl. No.	items	Sl. No.	Items
1	Blanket (as per requirement)	16	Casual footwears (as per requirement)
2	Pillow cover	17	School shoes black
3	Mosquito net (as per requirement)	18	Socks (as per requirement)
4	Nail cutter	19	Warm clothes (as per requirement)
5	Writing board	20	Lock & key
6	Towel (as per requirement)	21	Shoe polish
7	Casual dress (as per requirement)	22	Shoe brush
8	Under garments (as per requirement)	23	Soap case
9	Slipper	24	Face cream/ body lotion
10	Futsal shoes (as per requirement)	25	Handkerchiefs
11	Tooth brush	26	Bucket
12	Toothpaste	27	Mug
13	Bathing soap	28	Trunk/trolley
14	Detergent powder	29	Geometry box (class V above)
15	Sneakers running shoes	30	





# Arunachal Sports Academy & Research Training Centre, Ziro



